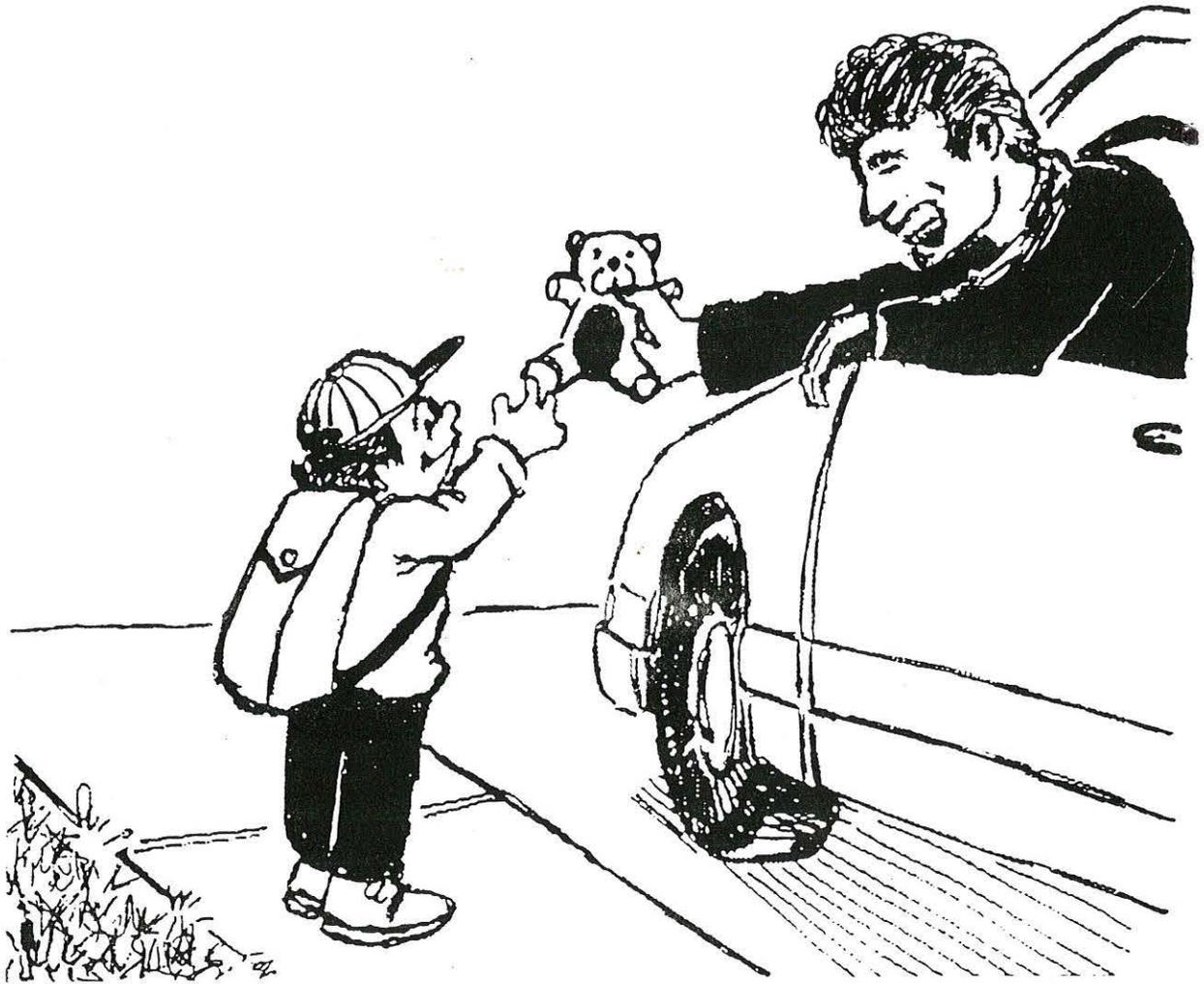


STREET SAFE KIDS

Protecting children from sexual predators – a street-proofing manual



“Street Safe Kids is one of the most comprehensive self-defense and street-proofing courses available. We strongly recommend that parents enroll their children in this ‘hands-on’ program.”

Mabyn Armstrong, director of prevention
The Missing Children’s Network Canada

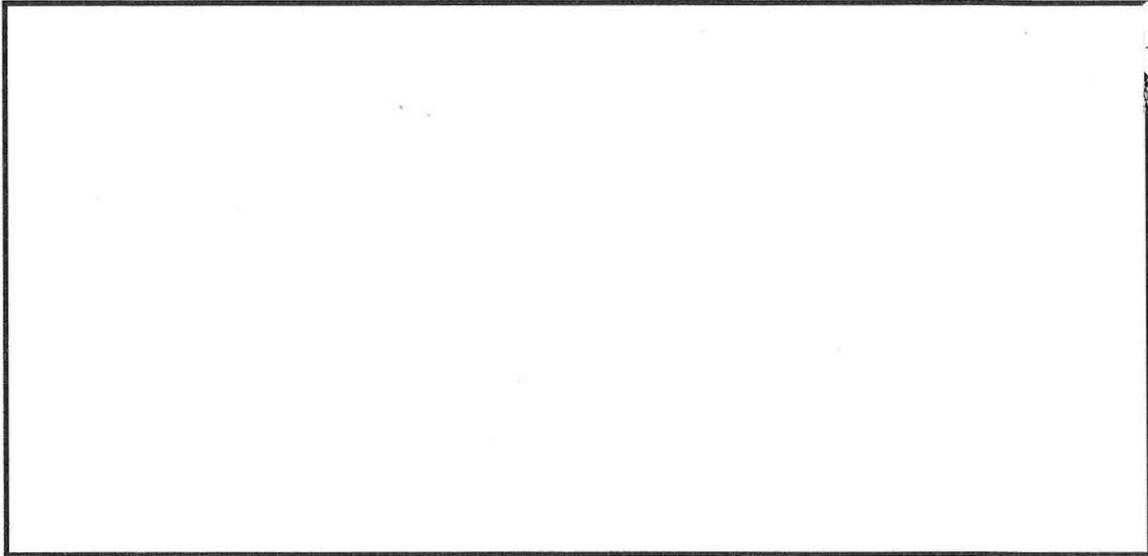
George J. Manoli

Grades K - 3 : Assignment #6

Theme : Tricks, lures, kidnapping & code word



1. A kidnapping happens suddenly. It usually takes but a few seconds and occurs without any prior warning. How do people kidnap children? Make a collage of pictures showing different lures or tricks people can use to trick a child into going with them (refer to p. 25 for ideas).



Word list : Calls * Check * Count * Foils * Fires * First * Friendly * Fictitious
Do * Adults * You * Another * Clowns * Not * Cobras * Children * Know

2. Before going or doing anything with anyone we must always
C _ _ _ _ _ F _ _ _ _ _ .
3. Most kidnappers will start off by being F _ _ _ _ _ .
4. Adults should ask other A _ _ _ _ _ for assistance, not
C _ _ _ _ _ .
5. Stay away from people Y _ _ _ D _ _ N _ _ _ K _ _ _ .





6. What happens when a child goes missing? How does the child's family feel? Talk to your parents about kidnapping. How would they try to find you? *In the box below cut out or draw pictures showing how someone would go about finding a missing child. The box is divided up in stages: The lure or trick to kidnap the child - the actual kidnapping (child placed in car, van, room, etc.) - the family looking for child - calling the police - Community search for child, etc.*

<p><u>The lure or trick</u></p>	<p><u>The kidnapping</u></p>
<p><u>The family looking for child</u></p>	<p><u>Calling the police</u></p>
<p><u>Community search for child</u></p>	<p><u>Child found/ not found</u></p>

7. Do you have a family code word? What would you do if you were waiting for your lift home and someone else approaches you saying they are friends of your parents and they were sent to pick you up because of an emergency in your house? *Make a drawing or collage of an emergency type of lure in the box below.*

Grades 4 - 6 : Assignment #6

Theme : How to hide effectively if abducted

1. If you get kidnapped and you manage to get away :

- a. There is a good chance the kidnapper will immediately start looking for you with great intensity. If you are recaptured, you will probably never get another chance at freedom and may never be seen alive again.
- b. As the kidnapper panics and starts looking for you, they will most likely move further and further away from where you are hiding.
- c. Once away from the kidnapper, you must quickly and immediately find a good place to hide (stay close to walls of buildings and houses). If you find a hiding place, try to remain perfectly still, control your breathing. Do not peek out to see if he is still around.
- d. If the kidnapper wanders away in their search, wait as long as you feel you can bear, plus a few extra minutes, before coming out and seeking help or changing locations for a better one.
- e. The longer you are out of the kidnappers grasp, the better your chances of rescue. Survival depends on instinct and instinct is developed by practice.
- f. Stay in your hiding place until it is safe to summon help. Remember : It is okay for you to go to the bathroom in your pants while hiding. You might have to find food, water and some way of keeping warm and dry while you are on your own.
- g. You must summon help aggressively and convincingly. You are dealing with extraordinary circumstances, so you must therefore use extraordinary actions to find a way to safety. If you do not feel comfortable with summoning help, stay hidden until you feel you can manage the task.
- h. Add one of your own suggestions which you will share with us in class.



You should never remove your clothing for pictures, videos, etc.

2. On the street you can hide :

- a. In a ditch;
 - b. In a dark alley;
 - c. In a set of bushes or up a tree;
 - d. Under a bench;
 - e. In a dark doorway or behind a set of stairs;
 - f. In the back of a truck;
 - g. In a crowd of people;
 - h. Behind a snow bank;
 - i. In a garbage can or dumpster - pull cover over yourself when inside;
 - j. In an unlocked vehicle - get in, lock doors, lie down on the floor;
 - k. Under a vehicle - avoid being in the path of the wheels;
 - l. In a stack of tires at a gas station or car repair shop.
 - m. Add one of your own suggestions which you will share with us in class.
-



3. In a public place you can hide :

- a. Behind a sales counter or under a table;
 - b. Inside racks of hanging clothes;
 - c. In the stockroom behind boxes;
 - d. In a restaurant kitchen;
 - e. Behind floor-length curtains;
 - f. In the bathroom of the opposite sex of the abductor;
 - g. Inside display counters (most counters have storage cabinets at the bottom);
 - h. Inside or behind large appliances (some appliances cannot be opened from inside);
 - i. Dressing rooms of the opposite sex of the abductor.
 - j. Add one of your own suggestions which you will share with us in class.
-



4. In the countryside you can hide :

- a. In a doghouse (beware of dog);
 - b. Under piles of leaves;
 - c. In a barn - behind or under hay;
 - d. Up a bushy tree;
 - e. Under a house or other structure;
 - f. In a hot water heater closet;
 - g. In a drainpipe under the roadway;
 - h. Under a bridge;
 - i. Inside over-grown bushes or tall weeds;
 - j. Go through a doggie door into a house (beware of dog);
 - k. Hide somewhere close to mailboxes by the roadside in case someone comes along to pick up their mail and can help.
 - l. **Add one of your own suggestions which you will share with us in class.**
-

5. In a house you can hide :

- a. Under the sink;
 - b. Inside a piano;
 - c. Inside the fireplace (summer);
 - d. Inside a large box;
 - e. Inside a folded up roll-away bed or rolltop desk;
 - f. Behind large plants, or a washer or dryer (but not inside);
 - g. Inside a closet - behind boxes or clothes - in a stack of laundry;
 - h. Inside cupboards;
 - i. Under couch cushions (laying flat);
 - j. **Add one of your own suggestions which you will share with us in class.**
-

Parent/child activities - Assignment #6



Parent/child activity #1 - Learning how to attract attention (refer to p. 88 & 155) : Practice and discuss with your child the various ways presented in this manual on how to attract attention if abducted. Remember that open communication and dialogue are a families first line of defense.

Parent/child activity #2 - Realistic hide and seek (refer to p.95): This ancient game loved by all children can be played in order to teach a child not only to hide effectively, but to also stay hidden or evade someone while moving.

Basic playing rules : (a) Child(ren) has 30-60 seconds to hide. (b) Set boundaries and locations which are 'off limits' (or unsafe) for hiding locations. (c) Select a 'code word' which will signal the end of the game or round. Once the code word is used by the person counting, the child must come out of their hiding place (code word should be used by the person counting only. If they give up the search and have not managed to locate the hidden child). (d) The person searching for the child(ren) can say things in order to spook or panic the child(ren) into leaving their hiding place: e.g., "I'm coming for you," "I know where you are hiding, I can see you," "Come out and I won't hurt you," etc. (e) Children should be instructed to remain completely still and silent no matter what the person counting says or does.

Game variations and objectives : Instead of just hiding, the child can try to stay ahead - or go around - the person counting by moving silently from one hiding place to another. The objective is to get back to an agreed-upon location (home base) without being detected.

Parent/child activity #3 - The 'What-if' role-playing game (refer to p. 106) : Role-playing is a fun and easy way for parent's to teach their children not only personal safety skills but also a variety of ways to confidently eliminate danger when faced with a questionable situation. Use the 'What-if' role-playing suggestions presented to you on p. 109 of this manual or make it a family project to come up with several scenarios that are particular to your family environment.

Parent/child activity #4 - Practice self-defense at home (refer to p. 113) : Practice and discuss with your child the various ways presented in this manual on how to verbally, passively and physically defend oneself.



Parent Assignment #6

1. Parent reading assignment : Pages 103 - 118

2. Children assignment :

Gr. K - 3 → p. 163 → Theme : Tricks, lures & kidnapping.

* Task #1: Drawings & collages.

* Task #2: Practice the physical skills covered in class.

* Task #3: Do the parent/ child activities if applicable (p. 168).

Gr. 4 - 6 → p. 165 → Theme : How to hide effectively if abducted.

* Task #1: Read tips; add suggestions;

* Task #2: Practice the physical skills covered in class;

* Task #3: Do the parent/ child activities : p. 168.

3. Parent verification - please check off what was done at home :

Homework done Parent/ child activities done Physical skills done / reviewed

Parent signature : _____ Comments, suggestions or questions: _____



Does your child know?

The difference between 'okay' & 'tell' secrets?

The difference between 'good' & 'bad' touches?

What to say & how to stop uncomfortable touching?

How to use a key, unlock & lock doors & windows in your home?

How to set personal limits to forced physical affection or intimacy?

Not to obey adults blindly, to ask questions and to follow their intuition?

There should be no dialogue between child & unknown approaching person?

When calling 9-1-1 or '0' to leave the phone off the hook if forced to move due to danger?

If a police officer approaches, they must be uniformed with a holstered gun & in a marked car.

You love them?