# **STREET SMART KIDS**

Taken from Mr. Manoli's 'Street Safe Kids' manual: (514) 328-4683; www.manoli.ca

# 1. Talk to your child about safe strangers and tricky people

- Looks do not matter, behaviour is what counts
- Teach children about the various lures used by tricky people
- Child should know that tricky people are nice at first
- Start your child's sexual education early private parts, etc.

# 2. Cut the dialogue

- Say 'No!' and walk or run away
- Parents must give child the authority to say 'No!' and be rude
- Child seeks help from an adult not the other way around

# 3. Safe distance

- More than one arms length away. Don't allow person to get too close
- Stay away from cars and locations where you are not seen by others
- Don't accept anything from anyone, not even items they dropped
- When getting away, try to place items between you and tricky person (parked cars, etc.)

# 4. Listen to your intuition

- Discuss funny feelings (or inner little voice) and how they help you stay safe
- Act on your feelings You don't have to be 100% sure that something is wrong
- Trust your instinct and speak up
- Child must do whatever it takes to be safe
- They must know that as a parent you are behind them & will respect their feelings

## 5. Child can say 'No!'

- Teach your child that they can say 'No!' to an adult in a clear, forceful voice
- Encourage assertive body language when talking
- Child should show teeth and try to look like a witch when reacting to tricky person

## 6. My body's mine...Child should know

- The difference between 'good' and 'bad' touches
- Correct names of private body parts
- That there are limits to physical affection: i.e. touching, kissing, hugging, tickling, etc.
- To tell someone if they wont stop touching them
- That it's never too late to tell or they might not be able to tell right away
- That you will not be mad at them if something like that took place
- That you will always love them and that you will deal with the adult at fault

#### 7. There should be no touching secrets in your family

- Sexual abuse cannot take place without secrets
- Secrets strengthen the adult's power and control over child
- Secrets isolate the child from others
- Secrets help continue the physical abuse
- Pedophiles twist the concept of secrecy, making the child feel guilty
- Secrets are wrong when there is shame, pain or embarrassment



## 8. Screaming

- Scream 'Fire!' '9-1-1!' 'This is not my dad!'
- Scream from diaphragm not the throat look like a witch when screaming
- Shouldn't be embarrassed to yell
- Scream, drop what you are holding and run screaming

# 9. Have a lost and found plan

- Does your child know what to do if mommy gets lost (not if they get lost)?
- Agree before hand where to meet if separated
- Parents should know what to do if their child goes missing
- Parents should make a mental note of what their child is wearing daily
- Inform your child that you will always look for them, never threaten to abandon them
- Child should know how to locate a safe stranger
- Child should know that they are to approach stranger and not the other way around
- Child should know what information to give when seeking help
- Child should know what response they are to expect from person offering help
- Parents should carry up to date picture ID of child
- Child should distinguish difference between police officers, security guards, etc.

# 10. Child should know how to use various phones

- Child should know they can dial 9-1-1 and '0' for emergency help
- Child should know that 25 cents is not required for public phones emergency calls
- Have emergency numbers written next to residential phone for reference
- When calling for help and danger approaches, child should drop phone and run
- Child should know how to answer the phone when home alone (personal info. given)
- Child should know how to filter calls using the answering machine

# 11. Establish a buddy system

- Stress the importance of staying together when with friends
- Be conscious that being with a buddy is not the ultimate protection

#### 12. Child shouldn't be embarrassed to run

- Run right away put your knees in the breeze
- Drop the books or back pack prior to running
- Inform your child that you wont get mad at them for dropping books or backpack
- They must run to the nearest public place
- 13. If dragged away, drop to the floor, scream, bite, bicycle kick
- 14. Establish school pick up policy & call back school program
- 15. Establish an 'Ask first' policy before child goes anywhere
- 16. Don't place child's name on the outside of their personal items
- 17. Child should know what to do when home alone
- 18. Parents should know the people in their child's world
- 19. Child should know to keep telling till someone does something about it
- 20. You as a parent are responsible to teach your child safety issues